

7 Ponderful WAYS TO PREPARE FOR THE COMING OF THE LORD

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Episode 63

- 1. EXAMINE YOUR CONSCIENCE DAILY THROUGH THE LENS OF YOUR HEART, NOT JUST YOUR HEAD.** “Let us test and examine our ways, and return to the LORD!” *Lam 3:40*
- 2. BRING ALL OF YOUR IMPERFECTIONS AND MISSTEPS TO THE CONFESSIONAL FREQUENTLY.** “Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.” *Prov 28:13*
- 3. DEDICATE TIME DAILY TO BE WITH THE LORD.** “Look to the Lord and his strength; seek his face always.” *1 Chron 16:11*
- 4. BEGIN A NEW SPIRITUAL DISCIPLINE.** “Put on the whole armor of God, that you may be able to stand against the schemes of the devil.” *Eph 6:11*
- 5. SEEK A DEEPER UNDERSTANDING OF THE CATHOLIC FAITH.** “For we cannot do anything against the truth, but only for the truth.” *2 Cor 13:8*
- 6. PREPARE YOUR HEART TO RECEIVE JESUS BEFORE EVERY HOLY MASS.** “Everyone ought to examine themselves before they eat of the bread and drink from the cup. For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves.” *1 Cor 11:28-29*
- 7. OPEN YOUR HEART FOR OPPORTUNITIES TO SHARE YOUR FAITH WITH OTHERS.** “But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have.” *1 Pt 3:15*

