

THE 5 FIRST SATURDAYS DEVOTION

1. HOW DID THE FIRST SATURDAY DEVOTION BEGIN?

Our Lady explained those Five First Saturdays to Sr. Lucia dos Santos, one of the Fatima visionaries, in the following way: “See, my daughter, my Heart encircled by thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude.”- Sr. Lucy (Dec. 10, 1925)

“Whether the world has war or peace depends on the practice of this devotion, along with the consecration to the Immaculate Heart of Mary. This is why I desire its propagation so ardently, especially because this is also the will of our dear Mother in Heaven.”

—Sr. Lucy (March 19, 1939)

2. WHY FIVE FIRST SATURDAYS?

Jesus explained this to Sr. Lucia on May 29-30, 1930, saying: “Daughter, the motive is simple: There are five kinds of offenses and blasphemies spoken against the Immaculate Heart of Mary...”

First: Blasphemies against the Immaculate Conception.

Second: Blasphemies against her Virginity.

Third: Blasphemies against the Divine Maternity, refusing, at the same time, to receive her as the Mother of mankind.

Fourth: Blasphemies of those who seek publicly to implant, in the hearts of children, indifference, disrespect, and even hate for this Immaculate Mother.

Fifth: Blasphemies of those who revile her directly in her sacred images.

3. WHAT AM I SUPPOSED TO DO ON THE FIRST SATURDAYS?

This devotion has four parts – all four should be made in a spirit of reparation for blasphemy and ingratitude and for peace in the world.

- Confession (shortly before or after the First Saturday — so long as the person receives Holy Communion in a state of grace);
- Holy Communion received on the First Saturday of each month (at daily Mass, not the Saturday Vigil);
- The Holy Rosary, five decades recited sometime during the day; and
- Meditate for 15 minutes on the Mysteries of the Rosary (one or more).

4. WHAT ARE THE PROMISES CONNECTED WITH THIS DEVOTION?

Our Lady told Sister Lucia she would “assist at the hour of death with the graces necessary for salvation, all those who on the first Saturdays of five consecutive months confess, receive Holy Communion, pray a rosary, and keep me company for a quarter of an hour meditating on the 15 mysteries with the intention of offering reparation.”